1. **Type: Online scholarly article**

Summary: This is a study done on a total of 1141 preteen and adolescent girls. These girls answered questions related to their reality tv viewing, personality, self-esteem, relational aggression. Appearance focus, and desire for fame. This study sought to assess the influence of media, specifically reality TV, on adolescent behavior.

Rating: 6

APA Citation:

2. **Type: Online scholarly article**

Summary: This article tries to determine if there is any effect in filming locations of reality-base television and the city’s crime rates.

Rating: 5

APA Citation:

3. **Type: Online periodical**
Summary: This article summarizes the two most famous experiments conducted by psychology Professor Philip Zimbardo on reality television.

Rating: 2

APA Citation:


4. **Type: Online Scholarly Article**

Summary: This is a study in which psychologists examined the effects of exposure of to television on children.

Rating: 3

APA Citation:


5. **Type: Peer-reviewed Journal**

Summary: This study looked into the effects of violence viewing on TV and the perceived reality in TV violence. This study sought to find any relationships between violence viewing on TV and physical and verbal aggression by preteens.

Rating: 4

APA Citation:
6. Type: Peer-reviewed Journal

Summary: This essay examines the connections between the Miss America pageant and reality makeover television shows. They reality TV makeover shows have normalized cosmetic surgery as a means to become the ‘ideal’ woman.

Rating: 3

APA Citation:

7. Type: E-book

Summary: This book analyses the many TV stars and their effect on the public, specifically teenage girls.

Rating: 4

APA Citation:
8. **Type: Book**

Summary: Although this book does not address specific affects docudramas have on teenage girls, it does however address/give insight into various types of reality TV (specifically docudramas) and its portrayal and/or distortion of reality. This book has case studies of various reality TV shows that break media ethics and distort content. Although it does not address teenage girls specifically, this book can be used to address distortions in the media.

Rating: 5

APA Citation:

9. **Type: Book**

Summary: This book also describes the making of reality TV shows. Although it explains a lot of the technical aspects creating a reality TV show, it also describes all the background work that goes into making one, including the ethics, nature, purpose, and artistic intent of the creator. It's a look into the minds of the creators of docudramas that influence people.

Rating: 5

APA Citation:

10. **Type: Book**
Summary: This book addresses the relation between reality TV media and emotions. The author addresses the how viewers perceive gender, race, sexuality, and emotions via the TV medium. It can be used a good resource for explaining how shows can influence emotions.

Rating: 5

APA Citation:


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11. **Type: Book**

Summary: This book contains various chapters written by female psychotherapists who address the influence reality TV and media in general has on women's perceptions of gender, race, and feminism. They address media's role of assigning gender roles, influencing body image and sexuality, and perpetuating female stereotypes.

Rating: 5

APA Citation:


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12. **Type: Book**

Summary: This book does not talk specifically about how reality TV influences women. But it does address the marketing strategies and production decisions of major TV networks. It addresses the role TV networks have on influencing what is aired, and how certain shows are produced.

Rating: 5

13. Type: Article

Summary: This article was about how reality TV affects different aspects in teenage girls and how they view it also it has some research studies explaining their opinions on why they view reality TV that way. With this piece it seems more of like a informational piece because the author is not stating a certain viewpoint of the matter in the article. I believe that this article is credible because the author is a well-known author and she has written for the New York Daily News, The Record, House & Garden, and on Newsweek.com.

Rating: 3

APA Citation:


14. Type: Online Article

Summary: This article takes a stance that reality TV shows, such as Jersey Shore and Teen Mom, have a negative effect on women. This article talks about the language used to describe women as opposed to describe men in reality TV shows. This article can address the negative effects and influences reality TV shows can have on women and teen girls.

Rating: 3
APA Citation:


15. **Type: Online Article**

Summary: This article addresses the behavior portrayed in Jersey Shore, and how it can have a negative influence. However, it does not give solid evidence, such as statistics or specific examples of effects. It does give an anecdote of girls supporting Snooki when she got arrested, which could indicate that these girls were in support of Snooki's indecent behavior.

Rating: 2

APA Citation:


16. **Type: Online Article**

Summary: This article takes a much more neutral stance on the effects reality TV has on its audience. The author addresses several professors who have studied this medium, and indicates
that the research is inconclusive thus far. The author addresses several studies done on this subject, it could be helpful to look into those specific studies for our research presentation.

Rating: 4

APA Citation:


17. Type: Online Article

Summary: This article takes a stance that reality TV can have a positive influence on girls. It provides information from surveys that indicate that watching reality TV does not have a strong influence on self-esteem. The results from this study can provide support the positive influence aspect.

Rating: 3

APA Citation:

18. Type: Online Article

Summary: This article provided more conclusions from surveys taken on girls who watch reality TV shows and girls who did not. The results from this survey indicated a strong correlation between watching reality TV shows and aggressive and competitive behavior in women, and fixation on beauty.

Rating: 4

APA Citation:


19. Type: Interview

Summary: The subjects of this interview were women, one from Girl Scouts USA, The Detroit News TV Critic, and an NPR entertainment and pop culture blog writer and editor. These women provide their insight into their beliefs and perceptions of reality TV's influence on teen girls.

Rating: 3

APA Citation:

20. Type: Online Article

Summary: This article is about the effects television has on teenage girls and it includes tips for parents.

Rating: 2

APA Citation:


21. Type: Online Magazine Article

Summary: Gives an in depth perspective to both sides of an argument to the effects of reality TV using statistics from surveys and research of college professors.

Rating: 5

APA Citation:

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**22. Type: Online Journal Article**

Summary: Explains how sexual content on television portrayed by the media effects people psychologically from a young age.

Rating: 3

APA Citation:


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**23. Type: Online Journal Article**

Summary: Based on marketing and psychological theories, it examines how people take in the stuff they see on reality TV and how they use that stuff to develop themselves.

Rating: 4

APA Citation:

24. **Type: Online Journal Article**

Summary: The article takes a global perspective of viewing reality TV instead of just America. It examines how people of young age base their thinking on what they see and how it affects their development as they grow up.

Rating: 4

APA Citation:


25. **Type: Online Journal Article**

Summary: Talks about how reality TV has raised health issues among viewers and how reality tv portrays the importance of being healthy to its viewers.

Rating: 5

APA Citation:

26. Type: Academic Paper

Summary: 

Rating: 1

APA Citation:


27. Type: Article from article periodical

Summary: This is about mostly about people with disabilities and the popular media impact on people's perception of those people.

Rating: 3

APA Citation:

28. Type: Dissertation

Summary: This is about how mean TV can be and the way people take it

Rating: 2

APA Citation:


29. Type: Online Newspaper Article

Summary: This article is about choosing you're reality and how reality TV can alter people's perception on right and wrong

Rating: 2

APA Citation:

30. Type: Online article

Summary: This source is critical of the message that reality TV sends to teenage girls. It provides examples and statistics of the kinds of messages and impacts reality TV has on teenage girls, citing studies done by research groups. This article addresses the problems with reality TV, the impact, and what parents can do to prevent it.

Rating: 3

APA Citation: